

# CASE STUDY | Perdido Bay Medical Group



# Boosting Patient Engagement with Tebra

A doctor that still makes house calls? Daniel Spriggs, MD, treats patients in rural Alabama wherever and however they need it—in their home, in his clinic, and via telehealth. So he requires a software platform that gives him exceptional flexibility. When he recently opened Perdido Bay Medical Group, he picked Tebra as his EHR and patient engagement solutions. The results reflect his dedication to superior patient care, and his ability to pioneer new ways of engaging and treating underserved populations.

#### CHALLENGE

# Leverage Technology for the Non-tech Savvy

Dr. Daniel Spriggs describes his dilemma as "a three-headed monster." After more than three decades practicing medicine in hospitals and large clinics, he decided to open his own practice in rural Alabama, where large numbers of people lacked easy access to care. But his dream had a unique twist. He was determined to make house calls, in addition to seeing patients in his office or talking over the phone. Could he find leading-edge software that would accommodate three very different care models?

"My main concern has always been patient engagement," explains Dr. Spriggs. "If patients can't come to me, I need to come to them, it's as simple as that. I want them to be totally involved in decisions surrounding their treatment, which requires good communications. If they're worrying about transportation, mobility, costs or other non-medical factors, they aren't able to concentrate on doing their part to get better, or communicate with me so that we function as a team."

Many of Dr. Spriggs' patients are elderly, isolated, and not comfortable using computers. Many don't have smart phones. Others rely on younger relatives to do internet-related tasks. He therefore needed systems that were usable by anyone, while still providing the latest efficiencies from technology. To further complicate the situation, he was opening a practice during a pandemic. It seemed overwhelming.

#### SOLUTION

## Kareo for a Logical Structure

Dr. Spriggs' first decision was to implement Kareo Clinical, Tebra's EHR solution. "I had used Kareo before, and was very happy with it. Still, I researched other EHRs carefully. I liked that Kareo is very easy to use, and that its features are totally integrated."



PatientPop does a phenomenal job. I wouldn't have made it without them.

#### Daniel Spriggs, MD Perdido Bay Medical Group



# "

Tebra gives me a sweet spot between face-toface encounters in the office, in the patient's home, and telehealth visits whether via computer or old-fashioned rotary phones.

Daniel Spriggs, MD Perdido Bay Medical Group He also appreciated the platform's intuitive architecture. "Unlike other EHRs, Kareo is set up the way a physician is trained to think. Most EHRs have a hodge-podge of about 40 different screens, where you jump around to find what you want. Kareo, on the other hand, mimics the way providers solve clinical problems. It starts with patient engagement – who the person is, what their story is, who lives in their house, whether their parents had cancer, and so on. Then you proceed to diagnosis and tests. With Kareo, the encounter flows like a well-plotted movie, instead of feeling like you're filming one scene at a time with no logical order."

Was Kareo hard to implement? Dr Spriggs laughs. "I've worked with at least 10 other EHRs, and you couldn't teach yourself to use a single one. But with Kareo, I can train someone in an hour. A younger person can teach themselves without even one minute of instruction. The dashboard is completely intuitive. It's impossible to do anything wrong. I've always been able to find what I want in seconds. That's saying something."

# Kareo for a Three-in-One Approach

When Dr. Spriggs is in the office, he relies on Kareo Clinical for intake, demographics, scheduling, electronic notes, prescriptions and more. When doing telehealth visits, he uses Kareo's secure technology. If traveling to a patient's home, he accesses Kareo records remotely through the cloud.

"Each type of visit offers different patient benefits. In the office, I can view conditions with my own eyes. Telehealth also has its advantages in patient convenience and time-savings, especially during COVID. When I go to a patient's home, I might notice conditions that are detrimental to the patient's health, or gain other insights that would never open up to me otherwise. That's why I am so passionate about using all three modes of care, and having a solution that works with all three. I even selected my chronic care and phone systems because they integrate with Kareo," Dr. Spriggs says.

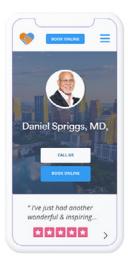
"Kareo gives me a sweet spot between face-to-face encounters in the office, telehealth visits via computer or even rotary phones, and trips to the patient's home. Communications could be in hieroglyphics as far as I'm concerned, as long as the patient becomes fully engaged and gets what they need. I can use Kareo no matter how I am seeing a patient, keep detailed records all in one place, and use technology to streamline my practice."

He likes Kareo being cloud-based too. "With your data in the cloud, you can get to it with any device at any time. Plus your data is secure. I don't see any disadvantages at all to using the cloud."

#### CHALLENGE

# **Building a Client Base**

When Dr. Spriggs was ready to open his doors, he needed to attract patients. But he was a physician, not a marketer or social media genius. "It's not like you can put up a big billboard or run full-page ads in the local paper," he says.



The <u>website</u> they designed drew in over 1,500 new visitors and 500+ organic website connections in just two months.

Daniel Spriggs, MD Perdido Bay Medical Group Even though he had a basic website, all of his patients were initially coming from referrals. "There was no way to search and find my clinic on the Internet. If you Googled me, you saw all the places I'd worked before. But you couldn't even tell where my practice was located. It was a hot mess," he remarks.

He had similar problems with patient ratings. "It was actually my wife who alerted me to the importance of online reviews. She saw how people in other states were using ratings to select a doctor. I hadn't known that before! I've always had exceptional ratings, but didn't know how to go about making them public."

#### SOLUTION

# PatientPop for Practice Growth

Dr. Spriggs turned to PatientPop, a Tebra practice growth solution. They created a <u>website</u> with search engine optimization (SEO), so that he could be "found" on the web. They also now run the clinic's online scheduling system, offer online payment options, and generate reviews. The results have been dramatic.

"PatientPop offers digital capabilities, but doesn't interfere with old-fashioned ones. The website they designed drew in over 1,500 new visitors and 500+ organic website connections in just two months. It generated 70 new patient reviews, all of them five stars. I may not understand SEO. But it sure helps people find me! My new patient acquisitions have doubled. PatientPop does a phenomenal job. I wouldn't have made it without them," he says.

#### CHALLENGE

# **Boost Patient Engagement**

One of Dr. Spriggs' main goals in starting his own practice was to engage patients as partners, allowing them to have more control over their treatment options, thereby improving outcomes. "Clinical practice isn't all that complicated after you've been doing it a while. But what takes everything to the next level is the quality of your interactions with patients. Not only does more engagement make sense, but it also fits my personality. So I try to have as many methods of communications as possible. You could say that patient engagement is my baby. But I wasn't sure how to use technology to make it happen."

#### SOLUTION

# Kareo Engage and Portal

Dr. Spriggs was excited when he learned about Kareo Engage, Tebra's holistic communications solution, and implemented its patient portal. "I encourage every patient to sign up for the portal, and put an alert on their chart when they do. They can use it to make appointments, get lab results, send me emails and get reminders. It saves everyone a lot of time," he explains.

#### RESULTS



200% increase in new patient acquisition



**20%** of appointments made through website



**1,500** website visitors in two months



**70** five-star reviews online in two months

"Fortunately, Kareo's portal is really easy to use. If needed, my secretary acts as a navigator, helping patients who are uncomfortable with technology. She tries try to push their boundaries a little. After all, they need to learn to live in 2022, not 1985. I wouldn't want to discourage them by asking them to do something that was too hard. But they can receive so much valuable information through the portal. It's worth them giving it a try."

Patients can use the portal to set their own appointments. "Most of our appointments still come in through the phone, although the demographics are shifting. We're getting more online requests for appointments every day, in large part due to PatientPop. Patients are finding me online, submitting a request, and then getting a call from us for confirmation. It works great. About 20% of all new appointments are generated from the website," notes Dr. Spriggs.

"The bottom line is that I will use whatever technology works best for the individual patient. Online portal, telephone, email, voicemail, text messaging, digital, nondigital—sometimes patients just drive up to the office unannounced. I want to do whatever it takes to keep the doors open and welcome people," he says.

"It's the same with patients paying their bills through the portal. They can click to pay. They can write a check. We even get dollar bills coming out of brassieres. However they want to give it to us, we'll take it," he jokes.

### Kareo Telehealth

Because he was opening his clinic during the COVID pandemic, Dr. Spriggs needed to adopt telehealth in a hurry. "Luckily for me, Kareo includes a seamless telehealth feature. Everything is there in one place. I just log on, split the screen, make notes on one side and do the audio/visual telehealth conference on the other—right from my laptop."

# A Brighter (Digital) Future

Dr. Sprigg is launching a new nonprofit, again using the Tebra operating system. He also recommends the joint solution to other direct practitioners.

"You can't not have electronic records, an integrated online presence, digital communications or social media. And you can't have them all on different platforms. A seamless system with Kareo and PatientPop is the only way to go in this day and age. They make it possible for a family physician in independent practice to succeed."

Learn how Tebra can help your practice thrive. Go to **tebra.com/demo.** 



Built on the Strength of Kareo + PatientPop